

Orchard School & Nursery

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Autumn 2	Lunch		Tea
Week 1	1 st Course	2 nd Course	
Monday	Sweet & Sour Pork/ Vegetables & Rice	Chocolate Muffins	Sausage Rolls and Baked Beans
Tuesday	Shepherds Pie/ Vegetable Pie, Broccoli & Cauliflower	Fruit Salad	Cheese and Tomato Pizza
Wednesday	Gammon/Quorn Roast, Roast potatoes & Mixed Vegetables	Bananas & Custard	Tuna & Pepper Wraps
Thursday	Cheese & Onion Quiche, New Potatoes & Salad	Ginger Cookies	Chicken & Sweetcorn Pasta
Friday	Chicken Tikka & Basmati Rice	Greek Yoghurt & Fruit Coulis	